

# Royal Marsden Manual of Clinical Nursing Procedures *Ninth Edition Electronic Access*

*The manual provides up-to-date, evidence-based clinical skills procedures related to essential aspects of a person's care. The procedures are based on the latest research findings and advice from clinical experts, to enable students and qualified nurses to provide the best possible care.*

## Accessing the Royal Marsden Manual (RMM)

**Trust Intranet / SharePoint** From the homepage scroll down to the link on the right to 'Royal Marsden Clinical Nursing Procedures' under 'Policies and Guidelines'

**Off site** A George Eliot OpenAthens password is required. Please contact the library if you do not have one. Open [www.rmmonline.co.uk](http://www.rmmonline.co.uk) and click on "Login" in the top right and then select 'Login with Open Athens' from the next screen before entering your username and password.

## Opening Screen of the Royal Marsden Manual

The upper part provides two ways to access the content of the RMM either **browsing** (equivalent to using the contents page of a book) or **searching** (equivalent to using the index of a book).

Logged in as George Eliot Hospital

Search the Manual — see page 2

Browse the Manual either by **Procedures**, **Chapters** or **Illustrations** — for details on each of these see the inside pages

The middle of the opening screen allows local guidelines to be added though this has not yet been done. The lower part provides direct links to Chapters by title on the particular issues listed, e.g. Infection Prevention and Control (Ch 3) and Medicines Management (Ch 12).

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# Searching the Royal Marsden Manual

Enter the word or term you are interested in into the search box (if it is a phrase enter it with inverted commas, e.g. "chest drains") and click on search. The results will be displayed as shown below.

Options on the left allow the results to be filtered to your particular interest.

By Type of Result, e.g. Procedure

To results only from a selected chapter

The screenshot shows a search interface with 37 results for 'blood transfusion'. On the left, there are two filter sections: 'Filter by Type' and 'Filter by Chapter'. 'Filter by Type' includes Chapter (25), Procedure (5), Bibliography (4), and Frontmatter (3). 'Filter by Chapter' lists various chapters with their respective result counts, such as Chapter 7: Nutrition, fluid balance and blood transfusion (14). The main results area displays three items: a bibliography entry for Chapter 7, a procedure guideline for blood sampling (7.21), and a chapter entry for transfusion of blood and blood components. Each result includes a blue title, a type indicator in brackets, and a brief description.

To view the full text of a particular result click on the blue title (with the type of information, chapter and subsection the information is from displayed below the title). See the sections on reading a chapter or a procedure for more details.

To see more results scroll down and to move to subsequent pages click on the options at the bottom left.

# Browsing the Royal Marsden Manual

## Browsing Procedures

The screenshot shows a browsing interface for procedures. At the top, there is a navigation bar with letters A through Z and a hash symbol. The letter 'H' is highlighted in blue. Below the navigation bar, there are three sections of procedure titles, each with a blue header for the starting letter: 'H', 'I', and 'J'. Each section lists procedure titles with their corresponding chapter and section numbers, such as '3.2 Hand decontamination using alcohol handrub' under 'H', '14.11 Implanted ports: insertion and removal of non-coring needles' under 'I', and '7.16 Jejunostomy feeding tube care' under 'J'.

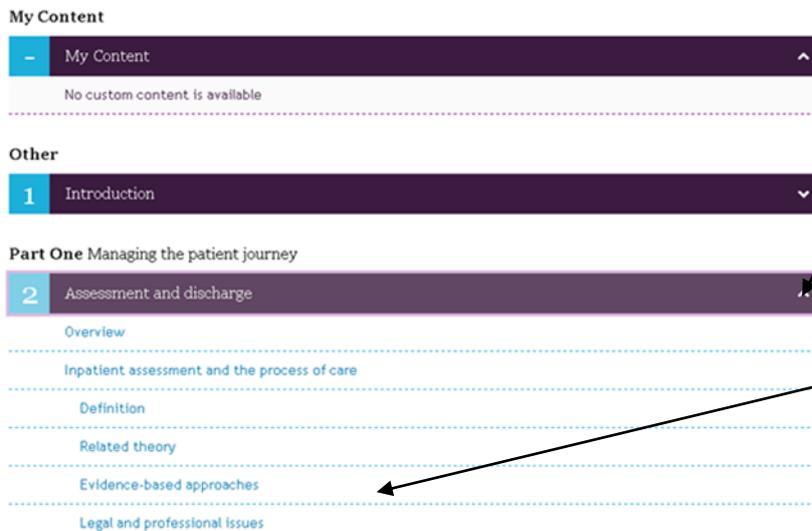
Click on the letter to see all the procedures that begin with that letter

Titles of procedures beginning with a particular letter are displayed together with a number (the first part of which relates to the chapter the procedure is from). Click on the blue title to supply the full chapter.

# Browsing Chapters



Clicking on the chapter number to move between chapters.



Display the subsections of a chapter by clicking on the arrow.

Click on the blue title to display the full content—see the details on reading a chapter below

# Browsing Illustrations

Illustrations are display by chapter with the Browsing Illustrations screen very similar to the Browsing Chapters screen shown above. In general it is easier to view the illustrations in the context of the text where they are used to explain rather than independently.

# Reading a Royal Marsden Manual Chapter

The text of the chapter will be displayed starting with an overview of its content.

You can move between section of the chapter clicking via the links on the purple background Doing so will then allow you to select different sub sections and so displaying increasingly specific information.

You can also select procedure relevant to that chapter via the links on the blue background, e.g. **6.4 Positioning the patient lying down to sitting up** — see the next page for details on procedures.

**Chapter 6: Moving and positioning** Print Focus view

**Overview** Previous section Next section

The aim of this chapter is to provide guidance on various aspects of moving and positioning patients, acknowledging the need to be clinically effective and, where possible, evidence based. It relates to moving and positioning of adults and does not specifically cover positioning of children or neonates.

The main objectives of the chapter are to:

1. outline the general considerations regarding moving and positioning
2. provide guidance on the principles of moving and positioning whether the patient is in bed, sitting or preparing to mobilize
3. consider optimal moving and positioning including modifications for patients with different clinical needs.

The principles of moving and positioning will relate to the effect on the patient, but the practitioner needs to ensure that they consider their own position regarding the safety aspects of manual handling. For recommendations and further information on safe manual handling, refer to government (HSE [60], 2012) and local trust policies, the manual handling advisor or the physiotherapist (PT).

In this chapter the general principles of moving and positioning will be discussed first followed by considerations of positioning for patients with specific clinical needs, which will require modification or additional considerations of the general principles. The first specific clinical area covered will be moving and positioning of unconscious patients and patients with an artificial airway. Following this, there will be a section looking at additional considerations and modifications for patients with different respiratory requirements. The next section of the chapter will relate to the specific moving and positioning needs of

**Overview**

- Moving and positioning: general principles
- Moving and positioning the unconscious patient
- Moving and positioning the patient with an artificial airway
- Moving and positioning the patient with respiratory compromise
- Moving and positioning the patient with neurological impairment
- Moving and positioning of the patient with actual or suspected spinal cord compression or spinal cord injury
- Moving and positioning the patient with an amputation
- References

**Procedure Guidelines**

- 6.1 Positioning the patient: supine
- 6.2 Positioning the patient: sitting in bed
- 6.3 Positioning the patient: side-lying
- 6.4 Positioning the patient: lying down to sitting up
- 6.5 Positioning the patient: in a chair/wheelchair

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# Reading a Royal Marsden Manual Procedure

**Procedure Guideline title** → **10.5 Arterial blood gas sampling: arterial cannula** [View in context](#)

Change tabs to display the list of **Equipment** required (essential and sometimes optional) and supporting **Illustrations**.

The stages of the guideline are split into: **Preprocedure, Procedure** and **Postprocedure**

Within each of these **Actions** are described (some with links to illustrations)

Supported by **Rationale** which includes links to references and classified evidence.

The references, e.g. **(NMC 2008b)** link to a list at the end of the chapter. From this list there are links to the original source material.

**Illustrations** are displayed at the end of the guideline

**Evidence** classified by type:

- E— Clinical Experience**
- P— Patient Experience**
- C— Context**, e.g. Audit
- R— Research**: Ranges from R1 Systematic Reviews to R5 Expert Opinion

## Royal Marsden Manual Illustrations

The illustrations relevant to different chapters and procedures are displayed at the end and can be scrolled down to or linked to from browsing the content pages. The Illustrations can vary from photographs, e.g. anchoring a vein with the thumb, drawings, e.g. the genitourinary tract charts, e.g. Bristol Stool Chart & illustrative figures, e.g. Abnormal ECGs.

## Updated Content Local Alterations and Guidelines

The RMM can be updated with local content and guidelines although at present this has not been done. Local content will be displayed with a pink background.

The RMM can also be updated centrally. An option will be available to display out of date content for comparison purposes and there is a link on the home page to the right edition.

## Notes regarding access

*Please be aware you can be logged out after a period of inactivity or due to an error— close your browser to start again.*

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