



KnowledgeShare

NHS information support for evidence-based practice

Alert 115

Resources published in May/June 2022

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Delivering racial equality in the NHS

[Delivering racial equality in medicine](#) is the latest report from the BMA's programme of work aimed at understanding the causes of racial inequality in the medical profession. Racism is pervasive within medicine both at a personal and institutional level and this is having a direct impact on doctor retention. The report proposes effective solutions to address racial inequality to ensure a future NHS that is equitable, fair, and inclusive for all healthcare workers and patients.

The [Messenger review](#) placed the need for more diverse senior leadership at the top of the NHS agenda, but in [Shattered hopes](#), the NHS Confederation's BME Leadership Network reports that more than half of surveyed BME NHS leaders considered leaving the health service in the last three years because of their experience of racist treatment.

The [RCN's latest employment survey](#) also reveals structural racism in the NHS, with Black and Asian nurses half as likely to be promoted as White colleagues. Meanwhile, an inquiry by the Equality and Human Rights Commission looked at [the experiences of lower-paid ethnic minority workers in health and social care](#). It found issues with insecure work and lack of awareness of employment rights, and makes recommendations for change.

KNOWLEDGESHARE Teams

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NICE – COVID-19 Rapid Guideline

COVID-19 rapid guideline: managing COVID-19

www.nice.org.uk/guidance/ng191

COVID-19 rapid guideline: managing the long-term effects of COVID-19

www.nice.org.uk/guidance/ng188

COVID-19 rapid guideline: vaccine-induced immune thrombocytopenia and thrombosis (VITT)

www.nice.org.uk/guidance/ng200*NICE – Guideline*

Type 1 diabetes in adults: diagnosis and management

www.nice.org.uk/guidance/ng17

Diabetes (type 1 and type 2) in children and young people: diagnosis and management

www.nice.org.uk/guidance/ng18

Preterm labour and birth

www.nice.org.uk/guidance/ng25

Type 2 diabetes in adults: management

www.nice.org.uk/guidance/ng28

Social work with adults experiencing complex needs

www.nice.org.uk/guidance/ng216

Vaccine uptake in the general population

www.nice.org.uk/guidance/ng218

Gout: diagnosis and management

www.nice.org.uk/guidance/ng219

Multiple sclerosis in adults: management

www.nice.org.uk/guidance/ng220

Reducing sexually transmitted infections

www.nice.org.uk/guidance/ng221

Depression in adults: treatment and management

www.nice.org.uk/guidance/ng222*NICE – Quality Standard*

Vaccine uptake in under 19s

www.nice.org.uk/guidance/qs145*NICE - Technology Appraisals*

Avelumab for maintenance treatment of locally advanced or metastatic urothelial cancer after platinum-based chemotherapy

www.nice.org.uk/guidance/ta788

Tepotinib for treating advanced non-small-cell lung cancer with MET gene alterations

www.nice.org.uk/guidance/ta789

TYRX Absorbable Antibacterial Envelope for preventing infection from cardiac implantable electronic devices (terminated appraisal)

www.nice.org.uk/guidance/ta790

Romosozumab for treating severe osteoporosis

www.nice.org.uk/guidance/ta791

Filgotinib for treating moderately to severely active ulcerative colitis

www.nice.org.uk/guidance/ta792

Anifrolumab for treating active autoantibody-positive systemic lupus erythematosus (terminated appraisal)

www.nice.org.uk/guidance/ta793

Diroximel fumarate for treating relapsing–remitting multiple sclerosis

www.nice.org.uk/guidance/ta794

Ibrutinib for treating Waldenstrom's macroglobulinaemia

www.nice.org.uk/guidance/ta795

Venetoclax for treating chronic lymphocytic leukaemia

www.nice.org.uk/guidance/ta796All NICE guidance is available from the NICE web site: www.nice.org.uk.Support and resources to maximise uptake and use: <https://www.nice.org.uk/about/what-we-do/into-practice>

- Enfortumab vedotin for previously treated locally advanced or metastatic urothelial cancer (terminated appraisal) www.nice.org.uk/guidance/ta797
- Durvalumab for maintenance treatment of unresectable non-small-cell lung cancer after platinum-based chemoradiation www.nice.org.uk/guidance/ta798
- Faricimab for treating diabetic macular oedema www.nice.org.uk/guidance/ta799
- Faricimab for treating wet age-related macular degeneration www.nice.org.uk/guidance/ta800
- Pembrolizumab plus chemotherapy for untreated, triple-negative, locally recurrent unresectable or metastatic breast cancer www.nice.org.uk/guidance/ta801
- Cemiplimab for treating advanced cutaneous squamous cell carcinoma www.nice.org.uk/guidance/ta802
- Teduglutide for treating short bowel syndrome www.nice.org.uk/guidance/ta804

NICE - Interventional Procedures

- Personalised external aortic root support (PEARS) using mesh to prevent aortic root expansion and aortic dissection in people with Marfan syndrome www.nice.org.uk/guidance/ipg724
- Endoanchoring systems in endovascular aortic aneurysm repair www.nice.org.uk/guidance/ipg725
- Supercapsular percutaneously assisted total hip arthroplasty for osteoarthritis www.nice.org.uk/guidance/ipg726
- Synthetic cartilage implant insertion for first metatarsophalangeal joint osteoarthritis (hallux rigidus) www.nice.org.uk/guidance/ipg727
- Vertebral body tethering for idiopathic scoliosis in children and young people www.nice.org.uk/guidance/ipg728
- Nerve graft for corneal denervation www.nice.org.uk/guidance/ipg729

NICE - Medical technologies Guidance

- Peristeen Plus transanal irrigation system for managing bowel dysfunction www.nice.org.uk/guidance/mtg36
- Thopaz+ portable digital system for managing chest drains www.nice.org.uk/guidance/mtg37
- Sleepio to treat insomnia and insomnia symptoms www.nice.org.uk/guidance/mtg70

NICE - Highly Specialised Technologies Guidance

- Selumetinib for treating symptomatic and inoperable plexiform neurofibromas associated with type 1 neurofibromatosis in children aged 3 and over www.nice.org.uk/guidance/hst20

Patient Safety

Guideline

Openness and honesty when things go wrong: the professional duty of candour.

Nursing and Midwifery Council (NMC) & General Medical Council (GMC); 2022.

<https://www.nmc.org.uk/standards/guidance/the-professional-duty-of-candour/>

[This guidance was produced in collaboration with the General Medical Council and has been refreshed in March 2022. It focuses not only on the duty to be open and honest with patients but also on the need to be open and honest within organisations in reporting adverse incidents or near misses that may have led to harm.]

Report

Harm caused by delays in transferring patients to the right place of care.

Healthcare Safety Investigation Branch (HSIB); 2022.

<https://hsib.org.uk/investigations-and-reports/harm-caused-by-delays-in-transferring-patients-to-the-right-place-of-care/>

[Delays in handing over care from ambulance crews to emergency departments, causing life-threatening harm to patients, has prompted the HSIB to publish an interim report, which includes ten initial findings of interest and two safety recommendations for the DHSC to action.]

Managing and Leading People

Guideline

Guidance on prevention and management of stress at work.

NHS Employers; 2022.

<https://www.nhsemployers.org/publications/guidance-prevention-and-management-stress-work>

[This updated guidance is aimed at managers and employees at all levels within the organisation to support colleagues experiencing stress.]

Health and wellbeing of the adult social care workforce.

Department of Health and Social Care (DHSC); 2022.

<https://www.gov.uk/government/publications/health-and-wellbeing-of-the-adult-social-care-workforce>

[Advice for those working in adult social care on managing your mental health and how employers can take care of the wellbeing of their staff.]

Speaking Up support scheme.

NHS England; 2022.

<https://www.england.nhs.uk/publication/speaking-up-support-scheme/>

[The scheme is designed to support individuals who, following a formal speaking up process, have experienced significant adverse impact, leading to difficulties moving forward in both their professional and personal lives.]

Report

Delivering racial equality in medicine.

British Medical Association (BMA); 2022.

<https://www.bma.org.uk/advice-and-support/equality-and-diversity-guidance/race-equality-in-medicine/delivering-racial-equality-in-medicine>

[This report is the latest stage in BMA's programme of work aimed at understanding the causes of racial inequality in the medical profession. It proposes effective solutions to address racial inequality to ensure a future NHS that is equitable, fair, and inclusive for all healthcare workers and patients.]

Employment Survey Report 2021: Workforce diversity and employment experiences.

Royal College of Nursing (RCN); 2022.

<https://www.rcn.org.uk/news-and-events/news/uk-black-and-asian-nurses-overlooked-for-promotion-due-to-structural-racism-rcn-research-080622>

[The second report from the RCN's annual employment survey focuses on four major themes: working hours and patterns; experience of workplace abuse; bullying and harassment, and career progression. Black and Asian nurses overlooked for promotion due to structural racism, the research reveals.]

Experiences from health and social care: the treatment of lower-paid ethnic minority workers.

Equality and Human Rights Commission; 2022.

<https://equalityhumanrights.com/en/publication-download/experiences-health-and-social-care-treatment-lower-paid-ethnic-minority-workers>

[This is a report of the findings of an inquiry to assess the treatment and experiences of lower-paid ethnic minority workers in health and social care, particularly during the pandemic. It found: incomplete data on lower-paid ethnic minority workers, particularly in adult social care; different treatment and experiences at work; commissioning and outsourcing leading to poor pay and insecure work; low awareness of employment rights; and fear of raising concerns and a lack of mechanisms to do so.]

Health and social care review: leadership for a collaborative and inclusive future.

Department of Health and Social Care (DHSC); 2022.

www.gov.uk/government/publications/health-and-social-care-review-leadership-for-a-collaborative-and-inclusive-future

[In October 2021 the government announced a review into leadership across health and social care, led by former Vice Chief of the Defence Staff General Sir Gordon Messenger and supported by Dame Linda Pollard, Chair of Leeds Teaching Hospital Trust. The review focused on the best ways to strengthen leadership and management across health and with its key interfaces with adult social care in England. The review has now completed and all 7 recommendations have been accepted by the government.]

[NHS England and NHS Improvement's Equality Objectives for 2022/23 – 2023/24.](https://www.england.nhs.uk/publication/nhs-england-and-nhs-improvements-equality-objectives-for-22-23-23-24/)

NHS England and NHS Improvement; 2022.

<https://www.england.nhs.uk/publication/nhs-england-and-nhs-improvements-equality-objectives-for-22-23-23-24/>

[This report sets out how NHS England and NHS Improvement has reviewed our existing equality objectives and developed new equality objectives for 2022/23 and 2023/24 and targets for 2022/23.]

[Shattered hopes: black and minority ethnic leaders' experiences of breaking the glass ceiling in the NHS.](https://www.nhsconfed.org/publications/shattered-hopes-nhs-bme-leaders-glass-ceiling)

NHS Confederation; 2022.

<https://www.nhsconfed.org/publications/shattered-hopes-nhs-bme-leaders-glass-ceiling>

[This report from the BME Leadership Network spotlights the findings from a recent survey and engagement on the experience of senior black and minority ethnic leaders in the NHS.]

[Tackling health inequalities through inclusive recruitment.](https://www.nhsemployers.org/publications/tackling-health-inequalities-through-inclusive-recruitment)

NHS Employers; 2022.

<https://www.nhsemployers.org/publications/tackling-health-inequalities-through-inclusive-recruitment>

[Information and prompts for NHS workforce leads to consider local approaches.]

[Workforce Disability Equality Standard: 2021 data analysis report for NHS trusts and foundation trusts.](https://www.england.nhs.uk/publication/workforce-disability-equality-standard-2021-data-analysis-report-for-nhs-trusts-and-foundation-trusts/)

NHS England; 2022.

<https://www.england.nhs.uk/publication/workforce-disability-equality-standard-2021-data-analysis-report-for-nhs-trusts-and-foundation-trusts/>

[This report provides a summary of the 2021 national data analysis and presents key findings and recommendations for continued focus and actions by trusts, regions and the national Equality, Diversity and Inclusion team at NHS England and NHS Improvement. It enables a comparison of year-on-year progress into the career and workplace experiences of NHS disabled staff.]

Toolkit

[Inspire, Attract and Recruit toolkit: Resources and guidance to support your workforce supply.](https://www.nhsemployers.org/inspire-attract-and-recruit)

NHS Employers; 2022.

<https://www.nhsemployers.org/inspire-attract-and-recruit>

[This resource has been developed for NHS HR professionals, recruitment teams and managers to help inspire, attract and recruit your future workforce.]

[International Recruitment Toolkit.](https://www.nhsemployers.org/publications/international-recruitment-toolkit)

NHS Employers; 2022.

<https://www.nhsemployers.org/publications/international-recruitment-toolkit>

[Use this resource to plan your approach to overseas recruitment activity, or to review the quality and efficiency of your existing practices.]

Education and Professional Practice

Guideline

[Health Education England mandate: 2022 to 2023.](https://www.gov.uk/government/publications/health-education-england-mandate-2022-to-2023)

Department of Health and Social Care (DHSC); 2022.

<https://www.gov.uk/government/publications/health-education-england-mandate-2022-to-2023>

[Sets out the government's strategic objectives for Health Education England to provide healthcare workforce planning, education and training.]

Finance and Procurement

Guideline

HFMA introductory guide to NHS finance.

Healthcare Financial Management Association (HFMA); 2022.

<https://www.hfma.org.uk/publications/hfma-introductory-guide-to-nhs-finance>

[This document aims to provide a comprehensive guide to how the NHS finance regime works, as well as the wider landscape in which it operates. It covers integrated care, primary care, secondary care as well as commissioning and the role of local authorities and other bodies.]

Who Pays? Determining which NHS commissioner is responsible for commissioning healthcare services and making payments to providers.

NHS England; 2022.

<https://www.england.nhs.uk/publication/who-pays-determining-which-nhs-commissioner-is-responsible-for-commissioning-healthcare-services-and-making-payments-to-providers/>

[Who Pays? sets out the framework for establishing which NHS commissioner will be responsible for commissioning and paying for an individual's NHS care.]

Report

Unlocking capital funding: improving patient safety and reducing the backlog.

NHS Confederation; 2022.

<https://www.nhsconfed.org/publications/unlocking-capital-funding>

[NHS leaders share the government's commitment to further boosting NHS efficiency and productivity and are doing all they can to tackle the care backlog that has built up in recent years. But they are being held back in their efforts by a lack of capital funding which is now a major barrier.]

Managing Knowledge and Information

Report

Understanding healthcare workers' confidence in AI.

Health Education England (HEE); 2022.

<https://digital-transformation.hee.nhs.uk/building-a-digital-workforce/dart-ed/horizon-scanning/understanding-healthcare-workers-confidence-in-ai>

[This report explores the factors influencing healthcare workers' confidence in AI-driven technologies. A second report will detail how their confidence can be developed through education and training.]

Patient and Carer Experience

Guideline

Implementing patient initiated follow-up: guidance for local health and care systems.

NHS England; 2022.

<https://www.england.nhs.uk/publication/implementing-patient-initiated-follow-up-guidance-for-local-health-and-care-systems/>

[This guidance supports implementation of patient initiated follow-up (PIFU), setting out the main considerations and best practice, drawn from learning from people, clinicians, services, trusts and systems across England.]

Shared Decision Making Standard.

Professional Record Standards Body; 2022.

<https://theprsb.org/standards/shareddecisionmakingstandard/>

[The PRSB information standard on shared decision making provides a framework for clinicians to record the decision-making process between themselves and their patients. The standard also allows the shared decision information to be shared between professionals and their different record systems. The standard has been developed based on the GMC guidance on shared decision-making and consent and the NICE guidelines.]

Report

Shared decision making from the perspective of clinicians and healthcare professionals.

Patients Association; 2022.

<https://www.patients-association.org.uk/blog/health-professionals-perceptions-of-shared-decision-making-report>

[This report finds health care professionals are positive about shared decision-making – a way of working with patients to decide treatment options. But the report also finds professionals' ability to practice shared decision-making regularly is limited by the current crisis in the NHS. The report makes a number of recommendations and The Patients Association will now look to partner with NHS England and other organisations to support professionals' call for more support.]

Valuing Lived Experience - Learning Report.

National Voices; 2022.

<https://www.nationalvoices.org.uk/publications/our-publications/valuing-lived-experience-learning-report>

[The Voices for Improvement project supports those with lived experience to provide coaching and mentoring to those in senior positions in health and care. The coaching allows clients to gain deeper understanding of lived experience perspectives and promotes the confidence to try new approaches to co-production in their own work. This report summarises two years of work of the project.]

Service Design and Commissioning

Guideline

Delivering a personalised outpatient model.

NHS England; 2022.

<https://www.england.nhs.uk/outpatient-transformation-programme/case-study-norfolk-and-norwich-university-hospitals-nhs-foundation-trust/>

[This document and accompanying handbook provide guidance to support the delivery of a personalised outpatient approach. It has been developing using insights from a group of pilot trusts as well as strong clinical collaboration with national clinical directors, royal colleges and getting it right first time leads. Case study: Norfolk and Norwich University Hospitals NHS Foundation Trust.]

Integrated Care Boards in England.

NHS England; 2022.

<https://www.england.nhs.uk/publication/integrated-care-boards-in-england/>

[A table and map setting out the statutory list of Integrated Care Boards (ICBs) and the areas covered by the 42 ICBs (and Integrated Care Systems) across England.]

Roadmap for integrating specialised services within integrated care systems.

NHS England and NHS Improvement; 2022.

www.england.nhs.uk/publication/nhs-england-commissioning-functions-for-delegation-to-integrated-care-systems/

[This document sets out the roadmap for how the commissioning model for specialised services will evolve in the coming years. It charts a phased and managed approach to integrating commissioning of specialised services with wider ICB (integrated care board) commissioning responsibilities.]

The constitutions of Integrated Care Boards.

NHS England; 2022.

<https://www.england.nhs.uk/publication/the-constitutions-of-integrated-care-boards/>

[Under the Health and Care Act 2022, 42 Integrated Care Boards (ICBs) will be established on 1 July 2022. Each ICB will have a constitution setting out the board membership and governance arrangements for the organisation. As required by the Act, Clinical Commissioning Groups, working with designate ICB leaders, have engaged with key local stakeholders in developing the constitutions for each ICB before proposing them to NHS England.]

Report

Access to GP services and NHS dentists.

NHS Confederation; 2022.

<https://www.nhsconfed.org/publications/access-gp-services-and-nhs-dentists>

[Opposition Day debate briefing. GP services have been under unprecedented pressure and this continues as need grows. Government must act to ensure primary care can meet this need.]

Adding value through volunteering in NHS trusts: A resource for volunteer services managers and policy leads.

The King's Fund; 2022.

<https://www.kingsfund.org.uk/publications/adding-value-strategic-vision-volunteering-nhs-trusts>

[This overview of the King's Fund research findings, outlines the case for a strategic approach to volunteering. It is supported by examples drawn from the experiences of trust volunteer services, which share practice, highlight opportunities for development, and describe how others have adopted and implemented a strategic approach to volunteering. The report ends by reflecting on some of the challenges, as well as considering the role of NHS trust volunteering within ICSs.]

Health and care for older adults during the pandemic: What The Commonwealth Fund's 2021 international survey reveals about the UK.

The Health Foundation; 2022.

[health.org.uk/news-and-comment/charts-and-infographics/health-and-care-for-older-adults-during-the-pandemic](https://www.health.org.uk/news-and-comment/charts-and-infographics/health-and-care-for-older-adults-during-the-pandemic)

[The survey confirms that the UK was not alone in experiencing disruption to services, but it faces a steep challenge to recover, as the UK has a much leaner and under-resourced health and care system relative to comparable countries. The survey also illustrates the importance of expanding access to social care to reduce unmet need. Older adults in the UK were among the least likely to receive paid social care in the home and were more likely to report drawing on help from friends and family.]

How can a strategic approach to volunteering in NHS trusts add value?

The King's Fund; 2022.

<https://www.kingsfund.org.uk/publications/adding-value-strategic-vision-volunteering-nhs-trusts>

[This report pulls out key findings from that research, and frames some of the questions that boards should be asking of their volunteer services. Importantly it identifies what trusts need in place to create a volunteering programme that goes beyond being a 'nice to have' to making a significant contribution to the operational and strategic aims of the trust.]

Integrated care systems: what do they look like?

The Health Foundation; 2022.

<https://www.health.org.uk/publications/long-reads/integrated-care-systems-what-do-they-look-like>

[In this long read the Health Foundation analyse publicly available data on some of the characteristics of ICSs and context in each area – including the organisational and policy context, health challenges, and capacity within the health care system to address them.]

Next steps for integrating primary care: Fuller stocktake report.

NHS England; 2022.

<https://www.england.nhs.uk/publication/next-steps-for-integrating-primary-care-fuller-stocktake-report/>

[This is the final report of the stocktake undertaken by Dr Claire Fuller, Chief Executive-designate Surrey Heartlands Integrated Care System and GP on integrated primary care, looking at what is working well, why it's working well and how we can accelerate the implementation of integrated primary care (incorporating the current 4 pillars of general practice, community pharmacy, dentistry and optometry) across systems.]

Social care commissioning beyond COVID-19.

Social Care Institute for Excellence (SCIE); 2022.

<https://www.scie.org.uk/care-providers/coronavirus-covid-19/commissioning>

[SCIE have updated their entire suite of guides to help commissioners to support providers in delivering good care provision as the sector recovers from the COVID-19 pandemic.]

The Health and Care Act: six key questions.

The King's Fund; 2022.

<https://www.kingsfund.org.uk/publications/health-and-care-act-key-questions>

[The Health and Care Act, which introduces significant reforms to the organisation and delivery of health care services in England, received Royal Assent in April 2022. In this long read, the King's Fund explain what the changes brought in by the Act mean in practice. 10 minute read.]

Statistics**State of the Nation: A comprehensive, retrospective view of NHS data.**

Wilmington Healthcare; 2022.

<https://wilmingtonhealthcare.com/state-of-the-nation/>

[This report looks at key data trends over the course of the pandemic, establishing how new trends in health care activity, patient numbers, disease burden, NHS operational practice, prescribing and regional variation have emerged. The report groups the data into six key areas: hospital episode statistics; demographic segmentation;

therapy area analysis; referral to treatment; prescribing insights; and regional insights.]

Quality Improvement

Guideline

National guidance on quality risk response and escalation in integrated care systems.

NHS England and NHS Improvement; 2022.

[england.nhs.uk/publication/national-guidance-on-quality-risk-response-and-escalation-in-integrated-care-systems/](https://www.england.nhs.uk/publication/national-guidance-on-quality-risk-response-and-escalation-in-integrated-care-systems/)

[This guidance is to support system leaders as they develop their approach to quality management. It sets out how quality concerns and risks should be managed within integrated care systems in collaboration with NHS England and wider partners.]

Toolkit

SBAR Tool: Guidelines + Worksheet.

Institute for Healthcare Improvement (IHI); 2022.

<https://forms.ihl.org/tools/sbar-toolkit>

[The SBAR (Situation-Background-Assessment-Recommendation) technique provides a framework for communication between members of the health care team about a patient's condition. SBAR allows for an easy and focused way to set expectations for what will be communicated and how between members of the team, which is essential for developing teamwork and fostering a culture of patient safety.]

Conducting Research

Evidence-Based Summary

Involving diverse communities in research.

NIHR Oxford Biomedical Research Centre ; 2022.

<https://oxfordbrc.nihr.ac.uk/videos/>

[The NIHR has produced three short videos about how involving people from diverse and under-served communities when designing our studies can really add value to our research and ensure it benefits the people who need it most.]

Report

Improving inclusion in health and care research: reflections and next steps.

HSR UK; 2022.

<https://hsruk.org/hsruk/publication/improving-inclusion-health-and-care-research-reflections-and-next-steps>

[In autumn 2021 HSR UK, the Nuffield Trust, The King's Fund, The Health Foundation and PPI representatives from The Health Foundation Inclusion Panel co-developed a series of events to address improving inclusion in health and care research. This report shares insights from the expert speakers who participated in events, as well as reflections and learnings from running the series.]

Health Facility Environment

Guideline

NHS estates and facilities workforce action plan.

NHS England; 2022.

<https://www.england.nhs.uk/publication/nhs-estates-and-facilities-workforce-action-plan/>

[This action plan sets out how we will fulfil the ambitions of the NHS people plan and promise for our estates and facilities workforce over the next ten years, with a focus on the immediate priorities outlined in the 2022/23 operational planning guidance. It highlights four key areas of work: developing our people; building the next generation of estates and facilities management people; embedding equality, diversity and inclusion; and improving the health and wellbeing of our people.]

Innovation

Guideline

[A plan for digital health and social care.](#)

Department of Health and Social Care (DHSC); 2022.

<https://www.gov.uk/government/publications/a-plan-for-digital-health-and-social-care>

[The plan for digital health and social care sets out a vision for a digitally enabled health and social care system and how we can achieve it – it collates existing digital strategies, plans and guidance into one single action plan. It is aimed at health and social care leaders across the system, and industry partners to help them plan for the future.]

Report

[Digital Delivery Principles.](#)

NHS Providers; 2022.

<https://nhsproviders.org/digital-delivery-principles>

[Through good practice sharing and peer learning, the programme aims to build board understanding of the potential and implications of the digital agenda and increase the confidence and capability of boards to harness the opportunities it provides. Alongside our guide series, a number of webinars and events are available to trust leaders, focusing on case studies of digital leadership in the NHS and other sectors and practical take-homes for boards.]

[The digital health and care plan: what must it address?](#)

NHS Confederation; 2022.

<https://www.nhsconfed.org/publications/digital-health-and-care-plan>

[Briefing on what NHS Confederation members need to embed digital ways of working and delivering care for populations and communities.]

Public Health

Evidence-Based Summary

[How can local authorities reduce obesity? Insights from NIHR research.](#)

NIHR Evidence; 2022.

<https://evidence.nihr.ac.uk/how-local-authorities-can-reduce-obesity/>

[This themed review draws on the breadth of NIHR research relevant to obesity, conversations with staff at local councils and at national organisations, and feedback from a group of practitioners, researchers and members of the public. Together they identify evidence-based actions that local authorities, working with their local partners, can take to reduce obesity in their communities.]

Report

[Factors associated with loneliness in adults in England.](#)

Department for Digital, Culture, Media and Sport; 2022.

<https://www.gov.uk/government/publications/factors-associated-with-loneliness-in-adults-in-england>

[The DCMS commissioned the National Centre for Social Research (NatCen) to explore factors associated with loneliness in adults in England. The research investigated: the characteristics of those at risk of loneliness; whether the risk factors for loneliness have changed over time; whether any factors predict the alleviation of loneliness over the short term; and the relationship between loneliness and mental wellbeing.]

[Inquiry into racial injustice in maternity care.](#)

Birthingrights; 2022.

<https://www.birthingrights.org.uk/campaigns-research/racial-injustice/>

[The inquiry's report: Systemic Racism, Not Broken Bodies, uncovers the stories behind the statistics and demonstrates that it is racism that is at the root of many inequities in maternity outcomes and experiences.]

Mental health and loneliness: the relationship across life stages.

Department for Digital, Culture, Media and Sport; 2022.

<https://www.gov.uk/government/publications/mental-health-and-loneliness-the-relationship-across-life-stages>

[This report presents the findings from a qualitative study exploring the experiences of loneliness among those who had experienced a mental health condition. Previous research has shown there is a link between experiences of loneliness and poor mental health. The DCMS commissioned the National Centre for Social Research (NatCen) to explore this issue across four key life stages as part of developing the evidence base for work on tackling loneliness.]

WHO European regional obesity report 2022.

World Health Organization (WHO); 2022.

<https://www.euro.who.int/en/publications/abstracts/who-european-regional-obesity-report-2022>

[Overweight and obesity affect almost 60 per cent of adults and nearly one in three children in the WHO European Region. This report examines the growing challenge and impact of obesity in the Region and focuses on managing obesity throughout the life course and tackling obesogenic environments. It also considers more recent challenges, including problematic digital marketing to children and the impact of the Covid-19 pandemic on obesity prevalence.]



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